

FROM THE EDITORS

We are delighted to share the fifth issue of *I.S. Med. Interdisciplinary Studies on the Mediterranean*, which continues to entertain the complexities of the region and the exciting areas of exploration ranging from the humanities and arts to the social sciences, women's and gender studies. This issue includes an interview with Megan Carney (one of our prestigious board members) and her anthropological work on the Mediterranean, six articles on the analysis of food practices and communities within the literary, historical, and legal contexts as well as three book reviews on the same subjects. We would like to welcome our new Book Review Editor, Jessica R. Boll, from Carroll University. We are thrilled to work with her.

While we pursue ongoing inquiries on the Mediterranean through the attentive written analyses of our diverse scholars, we continue to organize annual symposia to encourage stimulating discussions and possibilities of collaboration. Our last symposium was held, with great success, in Palermo, in June 2024; our next one will take place in June 2026, in another breathtaking location. In the meantime, feel free to contact the authors directly: their emails are provided in the contributors' section of each issue.

Thanks for your ongoing support!