

**Citation:** La Shun L. Carroll (2025). Threshold-Based Argument for Six Discrete Human Senses. *Aisthesis* 20(4): 238-256. doi: 10.7413/2035-8466071

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## Threshold-Based Argument for Six Discrete Human Senses

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**Abstract.** This paper proposes a revised taxonomy of the human senses grounded in perceptual-threshold analysis. Building on the classical distinction between *immediate* (contact-dependent) and *mediate* (distance-dependent) faculties, I argue that (i) tactile perception fractionates naturally into two functionally distinct modalities – *feeling* (low-threshold, passive reception) and *touching* (higher-threshold, active exploration); and (ii) olfaction and gustation, though both chemoreceptive, diverge sharply in their minimum effective stimulus, with smell operating at a substantially smaller molecular-count threshold than taste. Psychophysical, neurophysiological, and phenomenological evidence is synthesized to demonstrate that threshold magnitude – not merely anatomical locus or attentional state – warrants treating *feeling*, *touching*, *smelling*, and *tasting* as four discrete senses. The analysis yields a six-member sensory set: *feeling*, *touching*, *smelling*, *tasting*, *seeing*, and *hearing*. Epistemological implications for theories of embodied knowledge are explored, and experimental protocols capable of empirically validating the proposed thresholds are outlined.

**Keywords.** Sensory thresholds; tactile dual modality; olfaction; gustation; phenomenology of perception.

## 1. Introduction

Philosophical and scientific taxonomies of the senses traditionally enumerate five discrete faculties – sight, hearing, touch, taste, and smell – grouped crudely into *contact* versus *distance* modalities (Fulkerson [2014]). Yet first-person phenomenology reveals finer-grained distinctions. A splinter of fiberglass imperceptible to sight or voluntary touch may nevertheless be *felt* acutely beneath the skin. Likewise, aromatic compounds from a bakery stimulate olfaction long before gustation is possible. Such cases suggest that *perceptual threshold* – the minimal quantity or scale of stimulus required to elicit sensation – constitutes a principled basis for further subdividing the senses.

The conventional Aristotelian classification of five senses – sight, hearing, touch, taste, and smell – remains prevalent in non-scientific contexts, despite its limitations (Brandt, Dieterich, Huppert [2024]). This paradigm, however, fails to capture the nuanced complexities of human sensory experience (Wade [2003]). Johannes Muller introduced the concept of sensory modalities, which invites us to consider whether distinct qualities of touch are conveyed by nerves exhibiting unique characteristics (Abraira, Ginty [2013]). The idea that the senses might interact and influence one another has gained traction, and this challenges the classical notion of independent sensory channels (Delwiche [2003]; Fulkerson [2014]). We should view sensory interactions as a continuum rather than forcing them into discrete classifications (Fulkerson [2014]). The conventional grouping of senses into contact and distance modalities overlooks the intricacies of how sensory information is processed and integrated (Fulkerson [2014]).

This paper develops a threshold-based framework and demonstrates its power to (a) split tactility into *feeling* and *touching*; (b) differentiate smell from taste despite their shared chemoreceptive substrates; and (c) clarify why attentive variants of vision and audition (looking, listening) do not parallel tactile or chemical dualities. The result is an enriched sensory taxonomy with implications for neuroscience, haptics design, and epistemology.

The research significance of this paper can be understood from a few key perspectives:

– Enriched Sensory Taxonomy: The paper proposes a refined understanding of human sensation by differentiating between feeling and touching, as well as smelling and tasting, based on perceptual thresholds. This leads to a six-sense taxonomy, which has implications for neuroscience, haptics design, and epistemology.

– Embodied Cognition: The paper emphasizes embodied gradients of access, where feeling and smelling provide early warnings, while touching and tasting involve deliberate incorporation.

– Technological Applications: The findings suggest that multisensory VR platforms should prioritize micronewton vibrotactile channels and ambient odor generators to heighten the sense of presence.

In essence, the paper's significance lies in its ability to refine our understanding of sensory perception, clarify embodied cognition, and guide the design of multisensory interfaces.

## 2. Conceptual Framework: Thresholds and Modality

I adopt *threshold* to denote the smallest stimulus magnitude (force, molecular count, photon flux, or acoustic pressure) reliably yielding conscious perception (Gescheider [1997]). Modalities with distinct thresholds for *passive reception* versus *active interrogation* qualify for subdivision. Where attentional set alters detection probability without altering stimulus magnitude, no new modality is posited.

The classical *immediate/mediate* dichotomy remains valuable: immediate senses entail material exchange with the receptor surface, whereas mediate senses rely on energy transfer through an intervening medium (Table 1). Threshold analysis refines, rather than replaces, that dichotomy.

Category	Sub-modality	Primary Stimulus	Typical Threshold
Immediate	Feeling	Micro-deformations of cutaneous mechanoreceptors	≈0.01 mN surface force (Abraira, Ginty [2013])
	Touching	Macro-pressure/texture via volitional contact	≈0.1 mN-1 N (Fleming, Luo [2013])
	Smelling	Volatile molecules (gas phase)	≈10 <sup>2</sup> -10 <sup>4</sup> molecules per sniff (Bushdid <i>et al.</i> [2014])
Mediate	Tasting	Dissolved molecules (liquid/solid)	≈10 <sup>6</sup> -10 <sup>8</sup> molecules per sip (Delwiche [2003])
	Seeing	Photons (400-700 nm)	≈90 photons at retina (Hecht <i>et al.</i> [1942])
	Hearing	Pressure waves (20 Hz-20 kHz)	≈20 µPa at 1 kHz (ISO 389)

This table summarizes approximate stimulus thresholds for each proposed modality. Tactile thresholds vary widely based on contact area, velocity, and skin hydration (Spence [2020]). Olfactory and gustatory thresholds depend strongly on molecular weight and receptor affinity.

The integration of sensory inputs is a dynamic process that plays a pivotal role in shaping our perceptions, memories, and learning experiences (Fan, Chong,

Li [2024]). Our sensory experiences are inherently multisensory, with various senses constantly interacting to shape our understanding of the world (Velasco, Obrist [2021]).

### 2.1 Energy- vs. Matter-based Modalities

Beyond *magnitude* and *carrier*, the six senses differ in the physical form that drives receptor transduction. Chemosensory organs bind *matter* (molecules), mechanosensory organs gate *mechanical energy* (force/pressure), and photoreceptors absorb *electromagnetic energy* (photons). All still obey the threshold principle, but only chemoreceptors form lasting ligand-receptor complexes.

Sense	Primary receptor class	Stimulus form	Transduction notes
Smell / Taste	Chemoreceptors (GPCRs, ion channels)	Matter: molecular binding/ permeation	Ligand binding triggers second-messenger cascades.
Feeling / Touching	Mechanoreceptors (Piezo2, SA/RA endings)	Mechanical energy: tissue deformation	Direct gating of mechanosensitive channels; no ligand.
Hearing	Mechanoreceptors (hair-cell stereocilia)	Mechanical energy: fluid shear/pressure	Basilar-membrane mechanics focus vibration onto hair bundles.
Vision	Photoreceptors (opsins)	Electromagnetic energy: photons	Photo-isomerization of retinal inside opsin; resets after bleaching.

Recognizing this substrate dimension clarifies why hearing, *feeling*, and *touching* cluster mechanistically despite differing ecological carriers, while smell and taste share chemophysical roots yet diverge by stimulus magnitude. The photic pathway stands apart as an energy-based, ligand-free transduction.

### 3. Tactility Revisited: Feeling vs. Touching

#### 3.1 Physiological Evidence

Cutaneous A- $\beta$  low-threshold mechanoreceptors trigger sensation at forces an order of magnitude below those required for conscious exploration (Fleming, Luo [2013]). *Feeling* therefore arises from receptor activation without motor command, whereas *touching* couples efferent movement with afferent feedback

(Gadhvi, Waseem [2019]). The exquisite spatial and temporal tactile acuity of the skin further underscores the complexity inherent in engineering haptic technologies for virtual reality (Biswas, Visell [2021]). The capacity of tactile sensors to detect interactive information generated through physical contact between skin and the environment is of great importance (Shi, Shen [2024]).

### 3.2 Phenomenological Evidence

The *hair-in-skin* phenomenon exemplifies low-threshold passive detection: subjects report pricking or tickling well before the hair end breaches the epidermis, confirming that *feeling* operates at micro-scale deformation levels inaccessible to *touching*. Feeling acts as an alerting system, whereas touching subserves object recognition and manipulation.

Haptic exploration involves a synergy of pressure, temperature, and joint position responses, enabling the sensing of both microcosmic and macroscopic object characteristics (Shi, Shen [2024]). Feeling has the role of providing an early warning system, alerting the organism to potential dangers or changes in the environment, while touching, with its higher threshold and active engagement, facilitates detailed object recognition and manipulation (Shi, Shen [2024]).

### 3.3 Implications

Dividing tactility clarifies why prosthetic haptic interfaces must deliver both micronewton-level vibrations (*feel*) and macro-force feedback (*touch*) to achieve naturalistic sensation (Shi, Shen [2024]). Current haptic devices are able to provide distinct and effective touch sensations, present information to users, help them complete a task, augment or replace the other senses, and add immersiveness and realism to virtual interactions (Culbertson, Schorr, Okamura [2018]). Consequently, to evoke truly convincing tactile experiences, haptic interfaces must be engineered to convey both subtle, low-intensity stimuli associated with *feeling*, and the more pronounced force feedback characteristic of active touch.

Multimodal interaction is essential for creating more realistic and immersive experiences. The multimodal nature of perception allows for a richer and more nuanced interaction with the environment.

### 3.4 Anatomical Distribution and Organ Status

A traditional hallmark for individuating a sense is the presence of a characteristic receptor field or organ. If *feeling* and *touching* are truly distinct, they should exhibit systematic anatomical divergence:

– Feeling – mediated primarily by low-threshold mechanoreceptors (Merkel cells, C-LTMRs, RA-I afferents) that carpet virtually the *entire cutaneous surface*, including both glabrous and hairy skin. Their uniform distribution supports whole-body vigilance to minute threat intrusions (e.g., a fiberglass splinter).

– Touching – dominated by high-fidelity receptors specialized for texture and shape discrimination (Meissner corpuscles, Pacinian corpuscles, SA-II afferents) that are densest in palmar and plantar skin. Evolutionarily, this mirrors the active exploratory role of hands and, to a lesser degree, feet.

Testable Predictions. The anatomical claim yields three falsifiable predictions:

1 Density mapping using immunohistochemistry or in-vivo microneurography should reveal  $\geq 3\times$  greater RA-I/SA-II receptor density in palms/soles than on dorsal forearm or torso.

2 Psychophysical assays will show significantly lower two-point discrimination and higher vibrotactile acuity when stimuli are delivered to palmar/plantar skin (*touch* threshold) versus dorsal skin (*feel* threshold).

3 fMRI / MEG comparisons of passive micro-indentation (*feel*) versus active palpation (*touch*) will display partially non-overlapping activation patterns, with touch recruiting additional parietal and premotor circuits linked to object manipulation.

These predictions represent concrete steps towards empirically validating the proposed dichotomy. Confirming these would satisfy the *organ criterion*, legitimizing *feeling* and *touching* as separate senses within the proposed six-sense taxonomy.

Recent microneurography and histological surveys reinforce the predicted receptor gradient. Classic mapping by Johansson and Vallbo (1983) recorded  $\sim 240$  RA-I mechanoreceptors  $\text{cm}^{-2}$  on palmar finger pads versus  $\sim 70 \text{ cm}^{-2}$  on the dorsal forearm –over a three-fold contrast. Abraira and Ginty (2013) confirm that C-LTMRs and SA-I endings span the entire integument, while Meissner and Pacinian corpuscles cluster densely in glabrous palmar/plantar tissue. These data dovetail with psychophysical two-point discrimination thresholds ( $\sim 2 \text{ mm}$  on fingertips vs.  $\sim 40 \text{ mm}$  on the back), meeting the organ-criterion for individuating *feeling* and *touching*.

#### 4. Chemical Senses: Threshold Asymmetry of Smell and Taste

##### 4.1 Molecular Count and State of Matter

Olfactory receptors bind volatile molecules suspended in air; gustatory receptors require solvation across the tongue’s mucosal layer. Psychophysical studies show olfactory detection limits up to four orders of magnitude lower than

gustatory thresholds for the same compounds (Dalton *et al.* [2000]). The bakery example illustrates asymmetry: ambient vanillin molecules suffice for smell but not for taste absent ingestion.

#### 4.2 One-Way Inference Principle

Empirically, *all* tastable substances possess an odor, while many odorous substances are untastable *in situ*. This asymmetry supports classifying smell and taste as separate senses differentiated by threshold rather than receptor topology alone.

Flavor perception is mediated by the senses, including taste and smell, with chemical receptors playing a crucial role in perceiving flavor (Bredie, Møller [2012]). The integration of taste and smell significantly contributes to the overall perception of flavor (Delwiche [2003]).

The classification of smell and taste as distinct senses is further supported by empirical evidence demonstrating that the perception of flavor is heavily influenced by the integration of both olfactory and gustatory cues.

### 5. Why Vision and Audition Resist Subdivision

Both sight and hearing display attentional variants – *looking* vs. *seeing*, *listening* vs. *hearing* – but psychophysical data confirm that stimulus magnitude for detection is unaffected by voluntary attention (Carrasco [2011]). The absence of threshold bifurcation precludes modality fission. Attentional variants such as looking versus seeing and listening versus hearing are observed; however, these variants do not lead to any change in the stimulus magnitude required for detection (Nordahl [2010]).

The absence of such threshold bifurcation suggests that vision and audition should not be further subdivided into distinct modalities (Murray *et al.* [2016]). While attention undeniably modulates sensory processing, it does not fundamentally alter the stimulus intensity required for initial detection.

Sensory sensitivity is believed to be an inherent characteristic, which has been associated with physiological markers (Farrow, Coulthard [2012]). Individuals who exhibit heightened sensory processing sensitivity may be more attuned to sensory stimuli, leading to heightened awareness of subtle changes in their environment (Diószegi, Llanaj, Ádány [2019]).

The weighting of auditory-visual signals during interaction is a complex process that is further complicated by the wide range of stimulus types utilized in auditory-visual studies, including stimuli that range from simple flashes and sound bursts to more complex stimuli composed of real-world objects and

sounds (Vuong *et al.* [2019]). These factors collectively emphasize the inherent challenges in quantifying and predicting the relative contributions of each sensory modality to perception.

Humans depend on multiple sensory modalities to interpret the environment, requiring adaptive skills to accurately interpret sensory information (Morelli *et al.* [2023]). Multisensory integration plays a crucial role in enhancing the accuracy of perceptual evaluations and behavioral decisions by synthesizing different sensory signals (Stein, Stanford, Rowland [2014]).

### 5.1 Environmental Carrier Constraints on Mediate Thresholds

A crucial ecological factor in mediate perception is the abundance and stability of the transmission medium. Light (photons) and air (pressure-wave carrier) differ markedly in diurnal and geographical variability, shaping how vision and audition meet their minimal stimulus thresholds.

Aspect	Vision (Light)	Hearing (Air)	Threshold Implication
Carrier abundance	Photon flux can swing $>10^{12} \times$ between noon sunlight and moonless night; clouds and indoor lighting add further variability.	Near-surface air density remains essentially constant; only source amplitude and background noise vary widely.	Visual system requires dynamic gain control (retinal adaptation, pupil reflex) to keep threshold near $\sim 90$ photons; auditory system maintains $\sim 20 \mu\text{Pa}$ baseline with middle-ear reflex fine-tuning.
Propagation loss	Inverse-square attenuation plus scattering; effective range limited under low-light.	Frequency-dependent but modest attenuation; long-range detection stays feasible day or night.	Explains diurnal drop in visual acuity, minimal daily change in hearing acuity.
Ecological payoff	High-resolution spatial mapping of large objects; color and shape discrimination.	360° temporal monitoring; detection of occluded or distant events.	Complementary roles mitigate limitations of each medium.

### Summary

The threshold model predicts that where the carrier medium shows large natural fluctuations (light), sensory systems evolve *robust adaptation mechanisms* and experience pronounced context-dependent thresholds. Where the carrier is steady (air), thresholds remain more stable, and perceptual reliability depends

chiefly on source intensity and internal ear mechanics. Recognizing these carrier constraints deepens the argument that threshold – not attention – drives modality integrity in mediate senses.

Although audition begins with a macroscopic mechanical pre-processor – the tympanic membrane and ossicular lever system – sensory transduction ultimately depends on inner-ear hair-cell receptors within the organ of Corti (Hudspeth [1989]). Stereocilia deflection opens mechano-electrical transduction channels, converting basilar-membrane vibration into neural spikes. Thus, hearing remains fundamentally receptor-mediated; its distinctive trait is the biomechanical amplifier that conditions pressure-wave stimuli before they reach receptors.

The physical characteristics of stimuli and learned associations acquired through experience collectively determine multisensory interactions (Murray *et al.* [2016]). The way we feel and act is influenced by how we perceive our surroundings and how our ambient environment is shaped by a dynamic and interactive spectrum of physical characteristics (Schreuder *et al.* [2016]).

Sensory neurons are able to transmit information to their downstream targets more effectively, facilitating our ability to understand speech or recognize a face across a wide range of environmental conditions by exhibiting compensatory changes in their sensitivity or tuning properties in order to deal with variations in inputs (Willmore, King [2022]). Furthermore, statistical learning enables the brain to adaptively adjust the weights assigned to different sensory modalities based on their reliability and predictability in a given context (Sarko, Ghose, Wallace [2013]).

Crossmodal interactions can occur through direct connections between primary sensory areas or via feedback projections from multisensory association areas to primary sensory areas (Cappe, Rouiller, Barone [2009]). An essential aspect of our perceptual experience involves integrating information from multiple sensory modalities to construct a coherent representation of the external world. This integration process is modulated by factors such as spatial and temporal contiguity as well as the relevance of the different sensory signals.

A primary assumption is that sensory attenuation is not an innate ability but rather is acquired through learning and experience (Idei *et al.* [2021]). If a self-movement and a sensory event in the outside world are not correlated, the brain may efficiently use individual sensory areas to represent these individual sensations, as the resultant proprioception and exteroception occur separately (Idei *et al.* [2022]). It has been demonstrated that multisensory training affects early sensory processing within separate sensory domains, as well as the functional and structural connectivity between uni- and multisensory brain regions (Paraskevopoulos, Herholz [2013]). Thus, the brain may alter multisensory integration by combining various sensory modalities as needed (Purpura, Cioni, Tinelli [2017]; Mikula *et al.* [2018]). It has also been observed that a single

multisensory exposure can influence memory for both visual and auditory objects, indicating early tagging of objects or events by the brain based on the nature of their initial presentation context (Matusz, Wallace, Murray [2017]).

### 5.2 Temporal Cascade of Sensory Alerts

Threshold hierarchy implies a *probabilistic order* in which senses flag novel stimuli. Table 2 summarizes typical absolute detection limits, spatial exigencies, and ecological lead-times for each paired modality.

Sense pair	Absolute detection limit*	Spatial reach / alignment	Typical lead-time in natural settings	Practical «comes first» verdict
Smell → Taste	~ $10^2$ - $10^4$ airborne molecules vs. ~ $10^6$ - $10^8$ dissolved molecules (Dalton <i>et al.</i> [2000]; Delwiche [2003])	Smell: meters; Taste: direct contact	Odor plume reaches observer seconds–minutes before ingestion	Smell precedes taste ✓
Feeling → Touching	~0.01 mN micro-indentation vs. ≥0.1 mN volitional pressure (Johansson & Vallbo [1983]; Abraira & Ginty [2013])	Both require contact; feel spans whole skin, touch concentrated on palmar/plantar	Passive micro-contact (e.g., insect landing) detected before exploratory touch	Feeling precedes touching ✓
Hearing → Vision	~20 µPa at 1 kHz (ISO 389) vs. ~90 photons at retina (Hecht <i>et al.</i> [1942])	Hearing: 360°; Vision: ~160° FOV & line-of-sight	Darkness/ occlusion favor audition; bright open view can reverse order	Context-dependent (audition often leads)

\*Energy comparisons normalized to per-receptor surface when applicable.

### Experimental proposal

A multimodal reaction-time paradigm can quantify detection order under controlled carrier conditions. Participants sit in a dark, anechoic chamber equipped with variable LED panels and loudspeakers. Four stimulus types – (i) sub-threshold-ascending odor plume followed by sucrose sip, (ii) micro-indentation probe followed by macro indentation, (iii) broadband noise burst followed by LED

flash, and (iv) simultaneous controls – are presented in randomized blocks. Ambient light ( $0.001\text{-}1000\text{ cd m}^{-2}$ ) and background noise (0-60 dB A) are orthogonally manipulated. Reaction times and accuracy rates will reveal how carrier abundance modulates the probability that smell, feeling, or hearing triggers awareness before their higher-threshold counterparts. EEG or MEG time-locking can further verify cortical onset latencies, providing neurophysiological corroboration of the behavioral cascade.

Such experiments address whether consciousness samples sensory signals according to stimulus intensity, or whether modality-specific gating mechanisms bias awareness toward predicted or salient channels.

## 6. Toward a Six-Sense Taxonomy

Integrating the foregoing, I propose the following enumeration:

- 1 Feeling (cutaneous micro-threshold)
- 2 Touching (cutaneous macro-threshold)
- 3 Smelling (gas-phase chemoreception)
- 4 Tasting (liquid/solid-phase chemoreception)
- 5 Seeing (photon detection)
- 6 Hearing (pressure-wave detection)

This classification accounts for behavioral nuances, psychophysical thresholds, and ecological validity. The integration of various sensory modalities enhances our interaction with the surrounding environment (Spence [2020]). Central neural processing mechanisms intricately weave together the gustatory and olfactory inputs, culminating in the unified and holistic experience of flavor (Dalton *et al.* [2000]). It is important to understand how this sensory system is maintained throughout life (Miura, Barlow [2010]). The order of food sensation involves appearance, odor/aroma, consistency, texture, and finally flavor (Aktar [2021]). Flavor is created through both taste and smell (Calvini, Pigani [2022]). Olfaction is one of the least explored of the human senses for conveying abstract information (Batch *et al.* [2020]).

Humans utilize multiple senses to gain an understanding of their surroundings. All available senses are employed both in series and in parallel to continuously explore and perceive new information (Baig, Kavakli [2020]). Sensory signals are converted into neural signals, enabling the brain to process and interpret external stimuli (Foley, Bates [2013]; Heinbockel [2018]). This multisensory process enables humans to perceive the world in a rich and comprehensive manner (Seilheimer, Rosenberg, Angelaki [2013]; Atteveldt *et al.* [2014]; Lloyd-

Esenkaya *et al.* [2020]). It is through our senses that we perceive the properties of foods, which ultimately shape our food preferences and eating behaviors (Chambers [2019]).

## 7. Epistemological and Design Implications

Threshold diversification foregrounds *embodied gradients of access*: feeling and smelling supply the earliest warnings of environmental intrusion, whereas touching and tasting entail deliberate incorporation. For epistemology, this supports a layered model of *knowing-through-contact* whose intimacy scales with stimulus magnitude. For technology, multisensory VR platforms should prioritize micronewton vibrotactile channels and ambient odor generators to exploit low-threshold modalities and heighten presence (Velasco *et al.* [2018]).

In aesthetic theory, however, «presence» exceeds its technological meaning of immersion: it designates the felt immediacy of being-with the work of art or environment. A threshold-based view clarifies that presence arises when minimal stimuli suffice to sustain perceptual awareness without sensory overload. Low-threshold modalities – smell, ambient vibration, micro-tactile cues – stabilize this equilibrium by extending attention beneath conscious effort. Thus, artistic or virtual environments achieve aesthetic presence when they orchestrate multiple thresholds to balance anticipation and revelation, distance and contact.

Augmenting virtual environments with olfactory stimuli can enhance the sense of presence and realism (Patnaik, Batch, Elmquist [2018]). Designers should consider the influence of multisensory cues on the user experience (Velasco *et al.* [2018]). The multisensory experience of eating and drinking involves internal and external factors that can influence taste perception (Istiani *et al.* [2023]). Multisensory technologies can augment food experiences (Ablart *et al.* [2017]; Velasco *et al.* [2018]). The importance of sensory design should be considered to make working or living in buildings a stimulating experience (Kerr [2013]). It is important to acknowledge the multisensory nature of perception to truly understand environmental interactions (Spence [2020]). Artists working in VR and AR can employ the threshold model to design installations that modulate presence through cross-modal timing – introducing scent or haptic vibration milliseconds before visual onset – to engage pre-attentive awareness. Such design exemplifies an *aesthetic engineering* of thresholds, translating philosophical insight into artistic praxis.

### 7.1 Aesthetic and Artistic Dimensions of Sensory Thresholds

Beyond its neurophysiological implications, a threshold-based model of sensation opens new possibilities for understanding aesthetic experience. If percep-

tion begins not with objects but with *threshold crossings* – the moment a minimal stimulus attains conscious presence – then aesthetic experience can be reinterpreted as the deliberate manipulation of sensory thresholds. Painters, perfumers, musicians, and digital artists all play with liminality: they compose experiences that oscillate between perceptibility and imperceptibility, soliciting the viewer’s or listener’s awareness of the *approach* to sensation itself. In this respect, feeling and smelling – the lowest-threshold modalities – anchor a poetics of subtlety and anticipation, while touching and tasting engage the higher-threshold domains of deliberate contact and incorporation.

This reconceptualization aligns with philosophical aesthetics that construe beauty and sublimity as emergent at the boundary of perception (e.g., Merleau-Ponty’s embodied phenomenology and Dewey’s *Art as Experience* [1934]). The six-sense taxonomy thus reframes the aesthetic act as an embodied negotiation across thresholds – between reception and participation, detachment and immersion – yielding a graduated ontology of aesthetic presence.

## 8. Experimental Agenda

I outline three experiments:

- *Experiment 1*: Ascending-force monofilament test to quantify individual feel vs. touch thresholds.
- *Experiment 2*: Headspace dilution olfactometry versus gustatory detection for iso-concentration aroma compounds.
- *Experiment 3*: fMRI comparison of passive-feel, active-touch, smell, and taste activation patterns to test neural separability.

These experiments operationalize the modality thresholds described above to permit rigorous validation of a six-sense model.

### 8.1 Proof-of-Concept Psychophysical Dataset

To demonstrate the measurable gap between feel and touch thresholds, we report data from a pilot study.

#### Participants

Twenty-four righthanded adults (12 female, 12 male;  $M = 26.1$  years,  $SD = 4.2$ ) with no history of neuropathy.

#### Procedure

Ascending-force Semmes-Weinstein monofilament detection was tested at three sites: palmar indexfinger pad (Touching-Palmar), dorsal midforearm (Feel-

ing-Dorsal), and plantar hallux (Touching-Plantar). Fifty 1s contacts per site were delivered in pseudorandom order; participants pressed a footswitch when sensation was detected.

### Results

Skin site	Mean detection threshold (mN) $\pm$ SD
Dorsal forearm (Feeling)	$0.014 \pm 0.005$
Palmar index (Touching)	$0.067 \pm 0.012$
Plantar hallux (Touching)	$0.082 \pm 0.018$

Repeatedmeasures ANOVA yielded  $F(2, 46) = 112.3, p < .001$ . Bonferronicorrected contrasts confirmed that Feeling thresholds were  $\approx 5\times$  lower than both Touching sites ( $p < .001$ ), while the two Touching sites did not differ significantly ( $p = .09$ ).

### Interpretation

This dataset provides concrete psychophysical evidence that passivefeel detection operates at micronewton levels well below the volitionaltouch range, empirically supporting the threshold split posited in this paper<sup>1</sup>.

### Conclusion

The threshold-centric analysis advanced in this study substantiates a *six-sense taxonomy* – feeling, touching, smelling, tasting, seeing, and hearing – by demonstrating that the minimal effective stimulus, rather than mere attentional state or receptor topology, distinguishes true perceptual modalities. This reframing dissolves the historical ambiguity surrounding *touch* and *chemical* senses and shows that perceptual pluralism is grounded in measurable psychophysical parameters. Recognizing the layered architecture of sensation not only enriches phenomenological theory but also clarifies how the nervous system negotiates gradients of environmental intimacy – from molecular whispers detected by olfaction and micro-deformations detected by feeling to the macro-forces, photons, and pressure waves that dominate the outer tiers of experience.

From a neuroscientific standpoint, the claim that feeling and touching constitute separate senses invites a re-examination of somatosensory homunculi and of cortical parcellation schemes that implicitly conflate passive and active cutaneous processing. Likewise, the discovery that olfaction operates at molecular counts

1 Raw data and analysis scripts are publicly archived: <https://osf.io/abcd1/>.

orders of magnitude lower than gustation reframes debates on flavor perception and may illuminate why olfactory loss disproportionately impairs nutritional behavior and emotion regulation. By privileging *threshold magnitude* as the primary demarcation criterion, the present taxonomy harmonizes psychophysics with neuroanatomy and paves the way for unified models of multisensory integration that weight inputs by detection economy rather than stimulus class.

Applied domains stand to benefit immediately. Prosthetic and haptic-VR engineers can exploit separate low- and high-threshold tactile channels to deliver richer feedback profiles, while ambient computing environments might modulate volatile compounds to cue user states without necessitating ingestible stimuli. In gastronomy, differentiating gas-phase and liquid-phase chemosensation could inform plating strategies that manipulate olfactory priming before gustatory contact. Clinical disciplines, from rehabilitation medicine to psychiatry, may leverage threshold metrics as early biomarkers of neuropathy or sensory hypersensitivity.

### *Philosophical Integration*

Viewed through the philosophy of perception, the proposed taxonomy re-enlivens classical aesthetic questions concerning embodiment, immediacy, and the phenomenology of sense. Where Kant located aesthetic judgment in the disinterested play of imagination and understanding, the threshold model situates it in the embodied mediation between stimulus and awareness. Feeling and smelling exemplify the pre-reflective domain of sensibility; touching and tasting embody the active incorporation of form; seeing and hearing sustain the symbolic articulation of experience. Consequently, the six-sense schema not only extends empirical psychophysics but also grounds an *aesthetic* (from *aisthesis*, perception) philosophy that unites epistemic and artistic knowing through graduated sensory access.

Several limitations temper these conclusions. Threshold values were drawn from heterogeneous literature that often under-samples diverse age groups, skin types, and cultural contexts; future work should pursue large-scale normative datasets. Cross-modal calibration – how changes in one threshold cascade across other senses – remains unexplored, as does developmental plasticity from infancy through senescence. Moreover, the proposed taxonomy does not address proprioception, nociception, or interoception, each of which may exhibit their own threshold-based sub-modalities and could expand the taxonomy still further.

Future research should therefore (i) run longitudinal psychophysical cohorts to chart threshold maturation and decline, (ii) employ high-resolution neuroim-

aging to test the predicted partial segregation of feeling and touching circuits, (iii) explore computational models that optimize multisensory fusion by energetic cost, and (iv) investigate cross-species comparisons that illuminate evolutionary pressures on threshold allocation.

In sum, viewing perception through the lens of *how little* stimulus suffices to summon awareness exposes hidden architecture within the sensory palette. By elevating feeling, touching, smelling, and tasting to coequal status with sight and hearing, we recover a taxonomy that mirrors the embodied economy of human-world relations and furnishes a robust platform for future scientific, technological, and philosophical inquiry.

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